

PROGRESS BEYOND THE GLOVES.

Learning doesn't stop
in the classroom.



A WORD FROM THE DIRECTORS

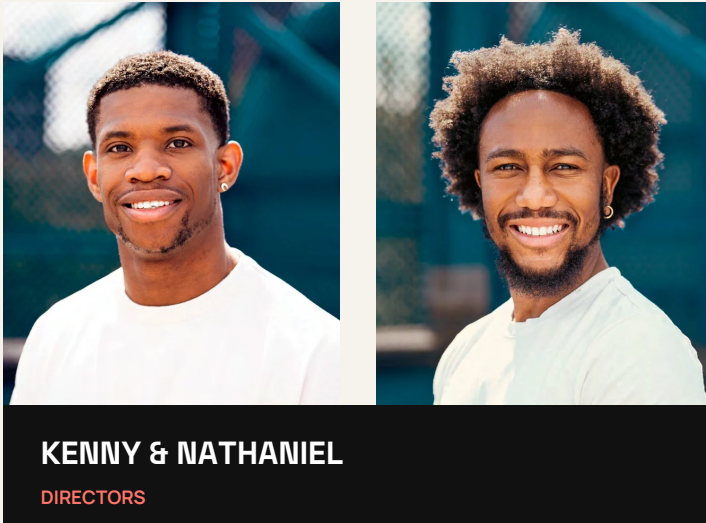
A year of effort, belief and growth.

Since Boxing101 began, we have seen what structured, supportive coaching can unlock. Our after-school clubs help students improve their fitness while building discipline, confidence and resilience.

Every success reflects the effort of our coaches and, most importantly, our students. Their passion in training and in everyday life continues to strengthen the community around the programme.

This year, partnerships with schools helped us reach more young people and create more safe spaces to learn, move and grow. Working together has broadened our reach and deepened the sense of shared purpose.

We are grateful to every school, family and partner who has backed the work. With continued support, we look forward to expanding access and helping more students flourish.



"Together, we can make a lasting impact and ensure every student has the chance to flourish."

AFTER-SCHOOL CLUBS



A SUPPORTIVE PLACE TO MOVE AND GROW

Confidence begins with participation.

The club develops physical fitness, discipline and social skills through structured, supportive coaching.



MOVE

Physical fitness



FOCUS

Self-control + responsibility



CONNECT

Teamwork + respect



APPLY

Focus beyond the gym

"I have become stronger, more confident and better at setting goals."

Skills that travel beyond the gym.

Structured boxing training and educational workshops support wider development through Boxing Awards accreditation and possible school pathways.

“More fit, more disciplined and more focused in school.”

PARENT / BRAESIDE SCHOOL



HEALTHY HABITS

Healthier lifestyle choices



ENHANCED DISCIPLINE

Focus at school and home



ACADEMIC IMPROVEMENT

Reported engagement in education

What students told us.

70+

students took part in an after-school club



DEVELOPMENT



RECOMMEND



CONTINUE



EQUIPMENT



COACHING



Historical feedback. The survey response count was not specified; results describe the responses received and do not guarantee individual outcomes.

WITH THANKS

A community in our corner.

Schools and partners made the 2023/24
programme possible.



Braeside School

Braeside



Normanhurst



Queen's College Prep

City
Junior
School

City Junior



ABINGDON
HOUSE SCHOOL

Abingdon House



ICS London

PROGRAMME PARTNERS



England Boxing



Boxing Awards



Access Sport



BOXING101

BRING BOXING101 TO YOUR SCHOOL

THE NEXT ROUND STARTS HERE.

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in the classroom.**